

EMBLETON PRIMARY SCHOOL MENU

Please note that this menu is subject to change

Where there is a choice option one will be offered in the first three week cycle, option two in the second cycle

WEEK 1

MEAT FREE	GREAT BRITISH	BEACH SCHOOL	AROUND THE WORLD	FISH FRIDAY
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mixed Vegetable Soup Bread Roll	Turkey & Stuffing Mashed Potato Farmhouse Mixed Vegetables	Chicken Goujons Chips	Pasta Meatballs Sweetcorn	Cheese or Tuna Melt Wedges Baked Beans
Muffin	Jelly & Topping	Homemade Cookie / Biscuit	Chocolate Sponge and Chocolate Custard	Frozen Yoghurt

WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Mediterranean Pasta Bake 2) Macaroni Cheese Sweetcorn Garlic Bread	Roast Beef & Yorkshire Pudding Roast Potatoes Farmhouse Mixed Vegetables	French Bread Pizza Chips	Chilli Con Carne Rice Tortilla Chips	Fish Fingers Wedges Beans
Cheesecake	Apple Crumble & Custard	Homemade Cookie / Biscuit	Crispie Cake	Sponge & Custard

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cheese & Potato Pie Beans	Mince & Dumplings Mashed Potato Seasonal Vegetables	Sausages Chips	Chicken Curry Boiled Rice Prawn Crackers	1) Tuna Pasta Bake 2) Salmon & Broccoli Pasta Bake Peas Crusty Bread
Angel Delight	Rice Pudding with Chocolate Sauce or Jam	Homemade Cookie / Biscuit	Iced Orange Cake	Flapjack