

## Encourage the development of wisdom

Friday 20<sup>th</sup> April 2018

## PHSE SESSION - YEAR 5

Dear Parents and Carers,

As part of our Personal, Social, Health Economic (PSHE) Education programme, children in Year 5 receive a visit from the School Nursing Team to discuss puberty and how their body will or is starting to change.

This session will include watching a short DVD about changes to the body and will focus on good hygiene, growing up and emotional wellbeing.

The School Nursing Team will deliver the session on Tuesday 8<sup>th</sup> May. If you DO NOT wish your child to take part in this lesson please contact me to discuss this further or sign and return the slip below.

| Kind regards  |
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| Nicola Threlfall<br>Headteacher                               |
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| Year 5 PSHE lesson, Tuesday 8 <sup>th</sup> May 2018.         |
| Child's name  |
| I DO NOT wish for my child to participate in the PSHE lesson. |
| Signed(Parent/carer)  |



