EMBLETON PRIMARY SCHOOL MENU

Please note that this menu is subject to change

Where there is a choice option one will be offered in the first three week cycle, option two in the second cycle where possible

WEEK 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Salmon Fillets in Wholemeal Crumb	Minced Beef & Yorkshire Puddings	Mediterranean Pasta Bake	Chicken & Brocolli Pie	French Bread Pizza
Potato Wedges	Mashed Potatoes	Sweetcorn	Mashed Potatoes	Chips
Brocolli	Seasonal Vegetables	Garlic Bread	Seasonal Vegetables	Baked Beans
Frozen Yoghurt	ISponge and Custard	Muffin & Fruit	Fruit Crumble & Custard	Homemade Biscuit
		Fruit Juice	or Ice Cream	Fruit Juice or milk

WEEK 2

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Sausages in gravy	Spaghetti Napolitano	Turkey & Stuffing or	Fish Fingers
Jacket potato with	Cheese,	Mashed Potatoes	Sweetcorn & Peas	Beef & Yorkshire Pudding	Chips
beans or tuna		Garden Peas	Garlic Bread	Mashed Potatoes	Baked Beans
				Farmhouse Vegetables	
Chocolate Angel Delight	Jelly & Topping	Orange Cake	IFves Pudding & Custard	Crispie Cake	
				Fruit Juice or milk	

WEEK 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tuna or Cheese Melt Potato Wedges Baked Beans	Pork Casserole Mashed Potatoes Seasonal Vegetables	Garlic bread	Mince Beef & Dumplings Mashed Potatoes Seasonal Vegetables	Sausage Chips Baked Beans
Strawberry Angel Delight	Chocolate sponge and Chocolate sauce	Muffin & Fruit Fruit Juice	Marble Cake & Custard	Peach Melba or Pear Sundae